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producing energy from the energy source:

creating a reverse thermal gradient, wherein a temperature of the skin surface is less than a temperature of the collagen containing tissue; and

delivering a sufficient amount of energy through the skin surface to contract at least a portion of the collagen containing tissue [with controlled cell necrosis in the skin surface] to tighten the loose skin surface.

2. (Amended) The method of claim 1, wherein delivering [a sufficient amount of] energy [is delivered] includes delivering a sufficient amount of energy through the loose skin surface without creating a substantial cell necrosis in the loose skin surface.

3. (Amended) The method of claim 1, wherein delivering energy includes delivering RF energy from the energy source that is an RF energy source.

4. (Amended) The method of claim 3, wherein positioning the energy delivery surface includes positioning an energy delivery surface of an RF electrode [the energy source includes an RF electrode coupled to the RF energy source, the RF electrode including an RF energy delivery surface positionable] on the loose skin surface.

5. (Amended) The method of claim 4, further comprising: [providing] applying electrolytic media to the loose skin surface from a source of electrolytic media coupled to the RF electrode.

6. (Amended) The method of claim 5, wherein applying electrolytic media includes applying [the electrolytic media is] an electrolytic solution to the loose skin surface.

7. (Amended) The method of claim 6, wherein applying electrolytic media includes applying [the electrolytic media is] an electrolytic gel to the loose skin surface.

8. (Amended) The method of claim 1, wherein delivery energy includes delivering a sufficient amount of [the energy source is a ] microwave [source] energy to tighten the loose skin surface.

9. (Amended) The method of claim 1, wherein delivery energy includes delivering a sufficient

amount of [the energy source is a ] ultrasound [source] energy to tighten the loose skin surface.

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10. (Amended) The method of claim 1, wherein delivering energy includes delivering a sufficient amount of energy [is delivered] through the skin surface to partially denature the collagen containing tissue by cleaving heat labile cross-links of collagen molecules.

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11. (Amended) The method of claim 1, [further comprising:] wherein creating a reverse thermal gradient includes providing a cooling medium to cool the loose skin surface.

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12. (Amended) The method of claim 1, wherein treating a loose skin surface overlying a collagen containing tissue site includes contracting a portion of the collagen containing tissue site that is in a subdermal layer.

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13. (Amended) The method of claim 1, wherein treating a loose skin surface overlying a collagen containing tissue site includes contracting a portion of the collagen containing tissue site that is in a deep dermal layer.

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14. (Amended) The method of claim 1, wherein treating a loose skin surface overlying a collagen containing tissue site includes contracting a portion of the collagen containing tissue site that is in a subcutaneous dermal layer.

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15. (Amended) The method of claim 1, wherein treating a loose skin surface overlying a collagen containing tissue site includes contracting a portion of the collagen containing tissue site that is [in] facial and muscle tissue.

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16. (Amended) The method of claim 1, wherein delivery energy includes delivering sufficient amount of energy such that the average temperature of the collagen containing tissue does not exceed 80 degrees C.

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17. (Amended) The method of claim 1, wherein delivery energy includes delivering sufficient amount of energy such that the average temperature of the collagen containing tissue does not exceed 75

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